



# HELLENIC AIKIDO ASSOCIATION

## SEMINARS

### **AIKIDO – KASHIMA SHINTO RYU**

With Vince Hammond Sensei 5<sup>th</sup> Dan, Instructor of the Broadland Aikido and Senior Member of the Institute of Aikido UK. He holds a Coach Level 1 Certificate of the British Aikido Board and has been teaching Aikido and Kashima shinto ryu for the last 17 years. Started Aikido in 1982 with Haydn Foster Sensei 7<sup>th</sup> Dan and has trained in Toronto, Canada under Osamu Obata 7<sup>th</sup> dan Shihan Aikikai, Chief Instructor of the Japanese Canadian Cultural Centre Dojo.

## SEMINARS SCHEDULE

### **AIKIDO-WEAPONS (boken-jo)**

#### **DAYS - HOURS**

**FRIDAY 27      MAY 2014    19:00 – 21:00**

**SATURDAY 28    MAY 2014    11:30 – 13:30    KAI 13:45 - 15:45**

### **KASHIMA SHINTO RYU**

#### **DAYS - HOURS**

**SUNDAY 29      MAY 2014    11:30 – 13:30    KAI 13:45 - 15:45**

#### **VENUE**

Fukushinkan Dojo 3<sup>rd</sup> Septemvriou St.144, Athens

#### **INFORMATION**

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**ALL MARTIAL ARTISTS ARE WELCOME!**